

# Bewerley Park Centre

## ADVENTURE COURSES CANOE EXPEDITION



- Do you want to do something exciting in your **August summer holiday**?
- The **River Spey** is one of Scotland's longest and most beautiful **white water rivers**. During your expedition you will paddle a tandem canoe **90 miles** from Loch Insh, all the way to the sea.
- Paddling **Canadian Canoes** will allow you to carry everything you need and each night you camp on the banks of the river, sleeping in the **bivouacs** you build and cooking on **open fires**.
- As your canoeing skills build, you and your canoeing partner will tackle **famous rapids** such as the Washing Machine, Knockando and many more besides.
- Highly qualified staff, equipment, accommodation food and transport are all included.
- Come along and be **adventurous**.



**Age: 13-18 Years old**  
**When: 31 July - 5 Aug**  
**2011 Cost: £349 (All Inclusive)**

Contact Hazel at Bewerley Park for info and applications  
[bewerley.park@northyorks.gov.uk](mailto:bewerley.park@northyorks.gov.uk) or 01423711287

*Have you got a taste for Adventure?*