



EAST BARNBY OUTDOOR EDUCATION CENTRE

Booking your visit and planning a programme

When to come?

East Barnby residential visits are booked every October/November for the *following* academic year. We ask you to give three date choices and do our best to allocate you one of your requested weeks. However, as you could imagine, some times of the year are extremely popular so we have a priority allocation system. Precedence is given to North Yorkshire County Council schools, schools booking a full week rather than half and those returning booking forms first.

When deciding on your preferred visit time it is worth considering the specific advantages of each season:

Spring (March – May)

- Woodlands are at their best
- Light evenings for outside activities
- Year 6 groups can benefit just before SAT's week by revising science work in a different environment or having a complete break from the intense preparation
- Sailing is available

Summer (June - July)

- Light evenings for outside activities
- Warm water and weather for water-sports including surf, sail and windsurf

Autumn (September – November)

- Sea at its warmest for surfing and rock pooling, all water-sports available
- Perfect time for Year 7 or Year 12 inductions
- Equinoxial tides for seashore studies

Winter (December – February)

- Snow sports a possibility
- First choice date almost guaranteed
- Half week courses available
- Dark evening activities available eg Star gazing, torch-lit walks

How long to come for?

A full week, Monday to Friday, is the ideal length of visit for most groups. It has two significant advantages over half week visits (Mon – Wed or Wed – Fri)

- It is much better value for money ie three full-day and two half-day sessions from £206.50 (2008/09) compared to one full-day and two half-days for £123.90 (2008/09). Don't forget your travel costs will still be the same
- The students take a day or two to settle into routines and learn best of all usually in the second half of the week

Half week courses may be the ideal for some specialist groups or very young children (Year 3 or 4) but these are only likely to be available at less busy times of the year.

There is one week in the year when a slightly shorter week is available. May Day Bank Holiday week is a Tues – Fri programme (4 days) at £165.00 (2008/09).

What to do with primary school groups?

We are often asked for advice by visiting staff, especially those new to the Centre, regarding what activities to choose for the children. We do not offer a 'standard' programme because there is no one perfect combination. Factors to consider are:

- Your chosen emphasis on the visit; is it adventurous activities, environmental studies, or a balance between the two?
- Do you have a theme for the week eg rivers, habitats, invaders and settlers, Victorians etc?
- What you think your pupils need eg team building, self esteem boosting, science revision, access to the sea
- The size of your party and whether you want all the children to have an identical programme. For example, there is not enough time in a half week course for a group of 50+ to all go on the climbing wall, 12 at a time for half a day
- Time of year dictates availability of some activities

Here are two contrasting sample programmes, one for a small group of Year 5's wanting mixed environmental and adventurous activities and the other a large group of Year 6's wanting just adventure.

Age: Yr5 No's: 20 Groups: 2 x 10 combined Centre Staff: 2

Mon	am	Arrive, move into accommodation, kit up, introductory talk
	pm	Beck Scramble
Tues	am	Fossil Hunting
	pm	Orienteering
Wed	am	Woodland Day
	pm	(including Shelter Building, Woodland Art, Tree-studies
Thurs	am	Rock Pooling and Beach Games
	pm	Canoeing (flat water half day)
Fri	am	Whitby Town Trail
	pm	Travel home

Age: Yr 6 No's: 60 Groups: 5 x 12 Centre Staff: 6+

	1	2	3	4	5
Mon am	Arrive, move into accommodation, kit up, introductory talk				
pm	Beck Scrambling	Skiing	Climbing Wall	Beck Scrambling	Surfing
Tues am	Climbing Wall	Surfing	Skiing	Surfing	Rock Climbing
pm	Surfing	Climbing Wall	Surfing	Skiing	Rock Climbing
Wed am	Dinghy Sailing		Canoeing – River Trip		
Thurs am	Canoeing – River Trip		Dinghy Sailing		Shelter Build
pm					Skiing
Fri am	Skiing	Beck Scrambling		Climbing Wall	Beck Scrambling
pm	Travel Home				

There are of course lots of variations on these themes and ultimately the choice is yours; it's your programme.

What to do with secondary school groups?

We are often asked for advice by visiting staff, especially those new to the Centre, regarding what activities to choose for the students. We do not offer a 'standard' programme because there is no one perfect combination, although we do strongly recommend as many full day activities as possible rather than cramming in lots of half day 'tasters'. Factors to consider are:

- Your chosen or imposed emphasis for the visit; is it induction/PSHE biased, PE skills orientated or cross curricular with, say, a days Geography field work included?
- What do you feel your students need eg team building, self esteem boosting, challenge or access to the sea?
- The size of your group and whether that allows students to all have an identical programme
- Whether you want some element of choice and/or skills progression.
- Time of year dictates availability of some activities

Here are two different programmes considering these criteria:

Age: Yr 8 No's: 72 Groups: 6 x 12 Month: October

	1	2	4	5	5	6
Mon am	Arrive, move into accommodation, kit up, introductory talk					
pm	Beck Scrambling			Surfing		
Tues	Geography Field Work for all					
Wed	Dinghy Sailing		Kayaking	Rock Climbing		Mountain Biking
Thurs	Canoeing	Mountain Biking	Rock Climbing	Moorland Walking	Dinghy Sailing	
Fri am	Surfing			Beck Scrambling		
Fri pm	Travel Home					

Age: Yr 7/10 No's: 96 Groups: 7 x Yr 7, 1 x Yr 10 Month: March

	Yr 7	Yr 10
Mon am	Arrive, move into accommodation, kit up, introductory talk	
pm	Beck Scrambling for all	Intro to Kayaking
Tues	Options: Rock Climbing, Mountain Biking, Dinghy Sailing, Windsurfing, Canoeing, Kayaking, Moorland Walking	River Esk Kayak Trip
Wed	as above	River Ure Kayak Trip
Thurs am	as above	Canoe
pm		Paddlesurf
Fri am	Orienteering Competition	
		1* Kayak Testing
Fri pm	Travel Home	

There are of course lots of variations on these themes and ultimately the choice is yours; it's your programme.