

<b>ACTIVITY</b>	<b>22. Surfing (surf boards)</b>
<b>HAZARDS</b>	<ul style="list-style-type: none"> <li>✘ Drowning</li> <li>✘ Lifting injuries</li> <li>✘ Drifting offshore</li> <li>✘ Injuries from own board</li> <li>✘ Rip currents/undertow etc.</li> <li>✘ Collision with fixed objects/other craft/people</li> <li>✘ Pollution/debris</li> <li>✘ Trailer related accidents</li> </ul>
<b>CONTROL MEASURES</b>	
<p><b>This must be read in conjunction with Risk Assessment Number 1</b></p> <ul style="list-style-type: none"> <li>➔ Defined and agree surfing area</li> <li>➔ Detailed weather forecast tidal information and sea state</li> <li>➔ Awareness of rips</li> <li>➔ Agreed signal system for clear communication</li> <li>➔ Appropriate protective clothing/footwear as determined by Activity Leader</li> <li>➔ Wear Buoyancy Aids, if deemed appropriate by Activity Leader</li> <li>➔ Helmets to be worn when deemed appropriate by Activity Leader</li> <li>➔ Water confidence of participants ascertained</li> <li>➔ Consider foam boards for novices</li> <li>➔ Ankle leashes</li> <li>➔ Careful briefing</li> <li>➔ Effective form of rescue available on beach (extra board, throw line, surf ski/kayak etc.)</li> </ul>	
<b>NOTES</b>	
<ul style="list-style-type: none"> <li>▪ Water quality can vary around the coast. Check via local knowledge, surfing websites etc.</li> <li>▪ Small waves under 1' (below knee height) are ideal for novices</li> </ul>	

Created by:

Date:

Review date: